



EXCLUSIONS POLICY

(In accordance Health Protection Agency Guidance APRIL 2010)

INFECTION/ ILLNESS	INFECTION PERIOD/ TRANSMISSION	RESTRICTIONS & EXCLUSIONS	COMMENTS/NOTES
Athlete's Foot	Spread by contact.	No Exclusion.	- Treatment recommended. Keep foot covered to prevent spreading.
Chicken Pox	Infectious from 1-2 days before rash appears until 5 days after spots appear.	At least 5 days after first appearance of spots or until all blisters have dried/crusted over.	- Highly contagious. - Inform all pregnant women, to seek medical advice. - Second outbreaks are rare but can happen.
Cold Sores		No Exclusion.	- Avoid kissing & contact with the sores.
Conjunctivitis	Spread by contact.	No Exclusion initially. If outbreak occurs, exclude until infection has cleared.	- Good hygiene practices, use of PPE, can reduce the risk of spreading. - If an outbreak occurs, keep children away from Nursery until infection has cleared and contact Suffolk HPU.
Croup	Spread via coughs & sneezes.	No Exclusion.	- Good hygiene practices, use of PPE, can reduce the risk of spreading.
Diarrhoea and/or Vomiting		48 hours after last bout.	- Thorough 'deep' cleaning required of infected area - Follow good hygiene practises when toileting.



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Flu (Influenza)		Until recovered.	<ul style="list-style-type: none"> - Highly infectious. - Recommended ALL pregnant woman and 'Vulnerable groups' have the 'Flu Vaccination' offered by GP.
German Measles (Rubella)	Infectious for 6 days from onset of Rash.	6 days after rash first appears.	<ul style="list-style-type: none"> - Preventable by immunisation. - Inform all pregnant women, to seek medical advice.
Glandular Fever	Spread by Saliva.	No Exclusion.	<ul style="list-style-type: none"> - Avoid kissing and do not share eating & drinking utensils.
Hand, Foot & Mouth	Airborne spread and by Saliva & Faeces.	No exclusion. Advise to exclude whilst child is unwell.	<ul style="list-style-type: none"> - Highly contagious. - If an outbreak occurs, keep children away from Nursery until infection has cleared and contact Suffolk HPU. - Thorough 'deep' cleaning required of infected area. - Follow good hygiene practises when toileting.
Head Lice	Spread by direct head-to-head contact.	No exclusion. But children <u>must</u> be treated.	<ul style="list-style-type: none"> - All close contacts must also be treated at the same time.
Hepatitis A	Spread by Faeces.	7 days after jaundice first appears.	<ul style="list-style-type: none"> - If an outbreak occurs, keep children away from Nursery until infection has cleared and contact Suffolk HPU. - Follow good hygiene practises when toileting.



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Impetigo	Infectious until lesions have dried/crusted over. Spread by contact.	48 hours after antibiotic treatment has been started.	<ul style="list-style-type: none"> - Highly contagious. - Thorough personal hygiene practices must be followed. - Thorough 'deep' cleaning required of infected area.
Measles	Spread via coughs & sneezes. Infectious for 2 - 4 days <u>before</u> the rash appears and for 5 days after.	4 days from onset of rash.	<ul style="list-style-type: none"> - Preventable by immunisation. - Inform all pregnant women, to seek medical advice.
Meningitis (Bacterial, Viral)		Until recovered.	<ul style="list-style-type: none"> - Preventable by immunisation. - Contact Suffolk Health Protection Unit for advice. - Siblings/close contacts do not need to be excluded.
Molluscum Contagiosum (MC)		No Exclusion.	<ul style="list-style-type: none"> - Highly infectious, but most people are resistant to the virus. - Keep infected areas of skin covered.
MRSA		No Exclusion.	<ul style="list-style-type: none"> - Thorough personal hygiene practices must be followed. - Thorough 'deep' cleaning required of infected area. - Contact Suffolk Health Protection Unit for advice.



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Mumps	Airborne spread.	5 days after swelling first appears.	<ul style="list-style-type: none"> - Preventable by immunisation. - Thorough personal hygiene practices must be followed.
Ring Worm	Spread by direct and indirect contact.	No exclusion. But children <u>must</u> be treated.	<ul style="list-style-type: none"> - Pets, such as dogs and cats, can have ringworm and can pass it on to people they come into contact with. - Thorough personal hygiene practices must be followed.
Scabies	Infectious until treated. Spread by direct skin contact.	Exclusion until treatment has started.	<ul style="list-style-type: none"> - Household and all close contacts must also be treated at the same time.
Scarlet Fever	Airborne spread.	24 hours after antibiotic treatment has been started.	<ul style="list-style-type: none"> - Highly infectious. - Thorough personal hygiene practices must be followed.
Slapped Cheek/Fifth Disease (Parvovirus B19)	Airborne spread. Infectious <u>before</u> symptoms appear.	No Exclusion.	<ul style="list-style-type: none"> - Inform all pregnant women (before 20 weeks) to seek medical advice.



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Threadworms	Infectious until treated. Eggs transferred by fingers to mouth.	No exclusion. But children <u>must</u> be treated.	<ul style="list-style-type: none"> - All close contacts must be treated. - Follow good hygiene practises when toileting.
Tonsillitis		Until recovered.	<ul style="list-style-type: none"> - Most cases caused by virus so do not require antibiotic treatment.
Tuberculosis (TB)	Spread by prolonged contact.	Exclusion until Suffolk HPU have been contacted.	<ul style="list-style-type: none"> - Contact Suffolk Health Protection Unit for advice.
Warts & Verrucae	Spread by direct and indirect contact.	No Exclusion.	<ul style="list-style-type: none"> - Verrucae should be covered.
Whooping Cough	Infectious for 21 days unless treated.	5 days after antibiotic treatment has started. 21 days from onset of illness if not treated.	<ul style="list-style-type: none"> - Highly infectious. - Preventable by immunisation. - Suffolk HPU will organise any contact tracing necessary.